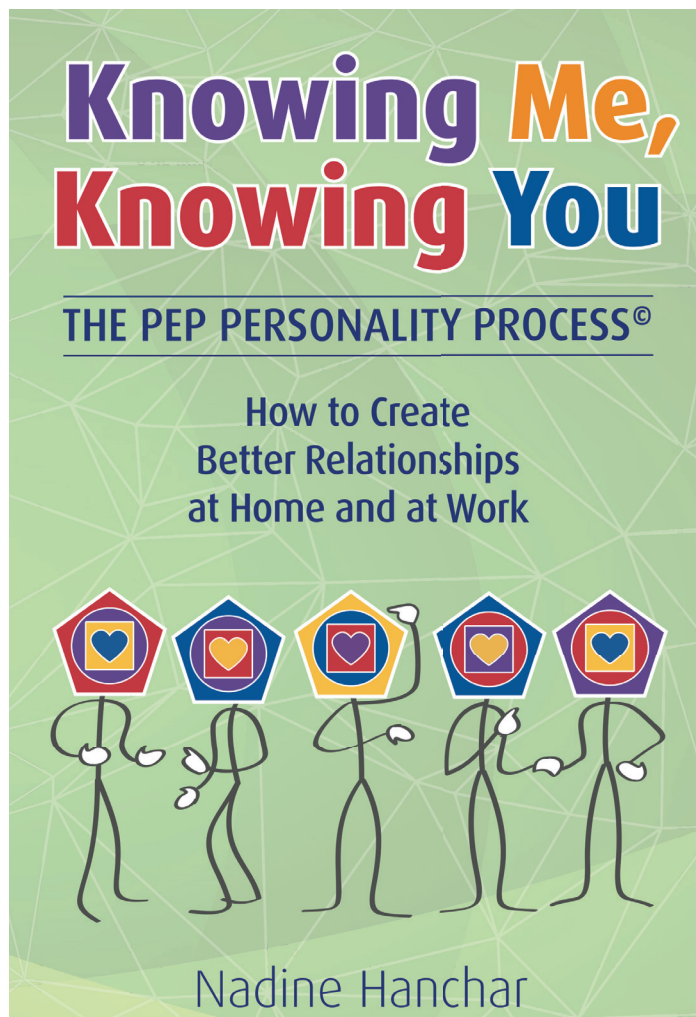


Even the happiest marriage can fall prey to repetitive conflicts and chronic misunderstandings. It can be a hopeless feeling to find yourself asking, “Does this person really care about me? Do I matter to them? Why don’t they listen to me?”

Pauline and Doug had a successful, decades-long partnership in business and in life; yet even the most mundane aspects of travelling and living together were landing them in hot water with each other. The resentment and stress they felt, taking it all so personally, was becoming untenable. The connection was fraying; something had to change.

Nadine Hanchar, author of *Knowing Me, Knowing You*, has identified 24 processing styles; her groundbreaking, innovative PEP Personality Process® is changing lives— and marriages— across the globe. “Learning how we each handle stress, seek comfort, make decisions, filter information, communicate



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— Pauline and Doug

with others, and react to situations is essential to creating lasting, harmonious relationships,” Hanchar explains. “Our processing style influences how our environment— including everything our partner says and does— affects us.”

Pauline has found the book so transformative, she’s given copies to other couples she cares about. “I’ve learned to understand who I am, but also how I communicate... most importantly, my relationship with my husband. Our life, and our marriage, has been radically different.”

Doug says that working with the PEP Personality Process® gives them a common vocabulary they both understand. Laughing, Pauline explains, “Doug will say, ‘OK, enough colour,’ and I’ll say, ‘No just a minute, I need to finish painting the picture.’” Their marriage, she says, is “so much more peaceful now.” Doug nods, and smiles broadly. “Yes. Peaceful.”

For more about Nadine Hanchar’s latest book, “Knowing Me, Knowing You,” visit [progressiveplus.com](http://progressiveplus.com)